

September 2026

ChefAdvantage

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

 **1**
Cheese Pizza Dippers

With:
Marinara Sauce
Steamed Carrots
Diced Pears

2
Cheesy Tomato Pasta

With:
Steamed Peas
Diced Pineapple

3
All-American BBQ
Hamburger

Or: Gardenburger
With:
Soft Bun
BBQ Sauce
Baked Beans
Mandarin Oranges

4
Parmesan Chicken Rice

**Or: Creamy Parmesan
Rice**
With:
Vegetable Medley
Yogurt Cup

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**LABOR
DAY**
★ ★ ★ ★ ★

8
Twist & Shout
Mac 'N Cheese

With:
Steamed Carrots
Strawberry Applesauce

9
Breaded Chicken
Sandwich

Or: Black Bean Burger
With:
Soft Bun
Honey Mustard
Mashed Potatoes
Diced Pineapples

10
Whole Grain
Chicken Nuggets

Or: Vegetarian Nuggets
With:
Honey Mustard
Steamed Peas
Mandarin Oranges

11
Tuscan Chicken
Pasta

Or: Creamy Tuscan Pasta
With:
Steamed Green Beans
Diced Peaches

14
Turkey Cheeseburger
Mac

Or: Cheesy Mac
With:
Vegetable Medley
Diced Pineapple

15
Fiesta Chicken Taco
Or: Bean & Cheese
Burrito

With:
Cheddar Cheese
Shredded Lettuce
Steamed Green Beans
Diced Pears

16
Southwest Turkey
Burger

Or: Gardenburger
With:
Southwest Ranch Dressing
Soft Bun
Baked Beans
Mandarin Oranges

17
Italian Chicken Pasta
Or: Edamame Italian
Pasta

With:
Steamed Peas
Yogurt Cup

18
Personal Cheese Pizza

With:
Steamed Carrots
Diced Peaches

21
Luca's Nut-Free
Chicken Trenette Al
Pesto

**Or: Vegetarian
Trenette Al Pesto**
With:
Steamed Green Beans
Mandarin Oranges

22
Tex-Mex Turkey Soft
Taco

**Or: Bean & Cheese
Burrito**
With:
Cheddar Cheese
Shredded Lettuce
Steamed Carrots
Diced Peaches

23
Creamy Chicken
Alfredo Pasta

**Or: Creamy Alfredo
Pasta**
With:
Steamed Peas
Diced Pears

24
Whole Grain
Popcorn Chicken

Or: Vegetarian Nuggets
With:
Honey Mustard
Baked Beans
Diced Pineapples

25
Chicken Quesadilla
Or: Bean & Cheese
Burrito

With:
Vegetable Medley
Cinnamon Applesauce



28
Turkey Meat Sauce
Pasta

**Or: Cheesy Tomato
Pasta**
With:
Vegetable Medley
Diced Peaches

29
All-American BBQ
Hamburger

Or: Gardenburger
With:
Soft Bun
BBQ Sauce
Baked Beans
Mandarin Oranges



NEW RECIPE
30
Chicken Fajita Rice

Or: Fajita Rice
With:
Steamed Carrots
Diced Pears

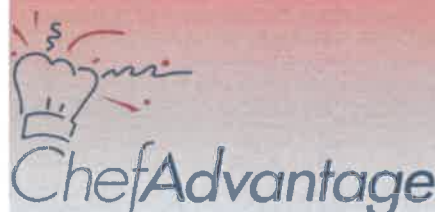
NEW

770-421-9550
www.ChefAdvantage.com

V = Vegetarian Entrée Options

Milk Served with Lunch Daily

*Steamed Vegetable Substitute



ChefAdvantage is committed to Healthy,
Nutritious and Delicious Meals.
Locally sourced ingredients included whenever
possible. No High Fructose Corn Syrup, Trans Fats,
Artificial Sweeteners, or MSG are used in our recipes.

September 2026

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Allergen List

Monday

Tuesday

Wednesday

Thursday

Friday

1

Cheese Pizza Dippers**
Egg, Wheat, Milk, Soy
Marinara Sauce **None**
Carrots **None**
Pears **None**

2

Cheesy Tomato Pasta**
Wheat, Milk
Peas **None**
Pineapple **None**

3

Hamburger
Soy
Wheat
Soft Bun **None**
BBQ Sauce **None**
Beans **None**
Oranges **None**
Gardenburger**
Wheat, Soy, Milk

4

Parm Chicken & Rice
Milk
Vegetable Medley **None**
Yogurt Cup **Milk**
Creamy Parmesan Rice**
Milk

7

★ ★ ★ ★ ★
LABOR DAY
★ ★ ★ ★ ★

8

Mac N Cheese**
Wheat, Milk
Carrots **None**
Applesauce **None**

9

Chicken Sandwich
Wheat, Soy
Soft Bun **Wheat**
Honey Mustard **Egg, Soy**
Mashed Potatoes **None**
Pineapple **None**
Black Bean Burger**
Soy, Wheat

10

Chicken Nuggets
Soy, Wheat, Milk
Honey Mustard **Egg, Soy**
Peas **None**
Oranges **None**
Vegetarian Nuggets**
Wheat, Soy, Egg

11

Chicken Tuscan Pasta
Milk, Wheat
Green Beans **None**
Applesauce **None**
Tuscan Pasta**
Milk, Wheat

14

Turkey Cheeseburger Mac
Milk, Wheat
Vegetable Medley **None**
Pineapple **None**
Cheesy Mac**
Milk, Wheat

15

Chicken Taco
Wheat
Cheese **Milk**
Lettuce **None**
Green Beans **None**
Pears **None**
Bean & Cheese Burrito**
Wheat, Milk

16

Turkey Burger
Soy
Ranch **Egg, Milk**
Soft Bun **Wheat**
Beans **None**
Oranges **None**
Gardenburger**
Wheat, Soy, Milk

17

Italian Chicken Pasta
Wheat, Soy, Milk
Peas **None**
Yogurt **Milk**
Edamame Italian Pasta**
Soy, Wheat

18

Personal Cheese Pizza
Wheat, Milk, Soy
Carrots **None**
Peaches **None**

21

Luca's Al Pesto
Wheat, Milk, Soy
Green Beans **None**
Oranges **None**
Vegetarian Trenette Al Pesto**
Milk, Wheat, Soy

22

Turkey Taco
Wheat
Cheese **Milk**
Lettuce **None**
Carrots **None**
Peaches **None**
Bean & Cheese Burrito**
Wheat, Milk

23

Chicken Alfredo Pasta
Wheat, Milk
Peas **None**
Pears **None**
Creamy Alfredo Pasta**
Wheat, Milk

24

Popcorn Chicken
Wheat, Soy
Honey Mustard **Egg, Soy**
Beans **None**
Pineapple **None**
Vegetarian Nuggets**
Wheat, Soy, Egg

25

Chicken Quesadilla
Milk, Wheat
Vegetable medley **None**
Applesauce **None**
Bean & Cheese Burrito**
Wheat, Milk

28

Meat Sauce Pasta
None
Vegetable Medley **None**
Peaches **None**
Cheesy Tomato Pasta**
Wheat, Milk

29

BBQ Chicken Sandwich
Wheat, Soy
Soft Bun **Wheat**
BBQ Sauce **None**
Beans **None**
Oranges **None**
Black Bean Burger**
Soy, Wheat

30

Chicken Fajita Rice
None
Carrots **None**
Pears **None**
Fajita Rice**
None

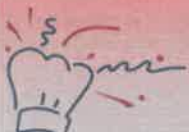
NEW

****All Pasta Products are Processed in a Facility that Uses Egg****

This list is comprised of the most common allergens, including eggs, soy products, wheat, and milk.

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only.

While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.



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September Menu 2026

*All meals served with milk

Monday	Tuesday	Wednesday	Thursday	Friday
 1 AM: Applesauce w/ Bananas PM: Veggie Straws w/ Fresh Fruit	2 AM: Applesauce w/ Bananas PM: Veggie Straws w/ Fresh Fruit	3 AM: Applesauce w/ Bananas PM: Veggie Straws w/ Fresh Fruit	4 AM: Ritz Crackers w/ Applesauce PM: Crackers w/ Fresh Fruit	
8 AM: Cheerios w/ Bananas PM: Cheese & Crackers	9 AM: Bagels w/ Cream Cheese PM: Yogurt w/ Crackers	10 AM: Cheerios w/ Apples PM: Wafers w/ Fresh Fruit	11 AM: Ritz Crackers w/ Applesauce PM: Crackers w/ Fresh Fruit	
15 AM: Cheerios w/ Bananas PM: Cheese & Crackers	16 AM: Bagels w/ Cream Cheese PM: Yogurt w/ Crackers	17 AM: Saltine Crackers w/ Apple PM: Wafers w/ Fresh Fruit	18 AM: Ritz Crackers w/ Applesauce PM: Crackers w/ Fresh Fruit	
22 AM: Cheerios w/ Bananas PM: Cheese & Crackers	23 AM: Bagels w/ Cream Cheese PM: Yogurt w/ Crackers	24 AM: Cheerios w/ Apples PM: Wafers w/ Fresh Fruit	25 AM: Ritz Crackers w/ Applesauce PM: Crackers w/ Fresh Fruit	
29 AM: Cheerios w/ Bananas PM: Cheese & Crackers	30 AM: Bagels w/ Cream Cheese PM: Yogurt w/ Crackers			