

July 2026

# ChefAdvantage

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday



6th

**Cheesy Tomato Pasta**

**With:**  
Shredded Mozzarella  
Vegetable Medley  
Mandarin Oranges

7th

**Cheese Pizza Dippers**

**With:**  
Marinara Sauce  
Steamed Green Peas  
Diced Pineapple

8th

**All-American BBQ Hamburger**

**Or: Gardenburger**  
**With:**  
Soft Bun  
Mashed Potatoes  
Diced Pears

9th

**Luca's Nut-Free Chicken**

**Trenette Al Pesto**  
**Or: Vegetarian Trenette Al Pesto**  
**With:**  
Steamed Carrots  
Fruit Yogurt Cup

10th

**Whole Grain Chicken Nuggets**

**Or: Vegetarian Nuggets**  
**With:**  
Honey Mustard  
Steamed Green Beans  
Diced Peaches

13th

**Turkey Cheeseburger Mac**

**Or: Cheesy Mac**  
**With:**  
Steamed Green Beans  
Diced Pears

14th

**BBQ Chicken Sandwich**

**Or: Black Bean Burger**  
**With:**  
Soft Bun  
Baked Beans  
Diced Pineapples

15th

**Creamy Chicken Alfredo Pasta**

**Or: Creamy Alfredo Pasta**  
**With:**  
Steamed Peas  
Diced Peaches

16th

**Breaded Chicken Sandwich**

**Or: Black Bean Burger**  
**With:**  
Soft Bun  
Honey Mustard  
Steamed Carrots  
Mandarin Oranges

17th

**Tex Mex Turkey Soft Taco**

**Or: Bean & Cheese Burrito**  
**With:**  
Cheddar Cheese  
Shredded Lettuce  
Vegetable Medley  
Cinnamon Applesauce

20th

**Italian Chicken Pasta**

**Or: Edamame Italian Pasta**  
**With:**  
Steamed Green Beans  
Diced Peaches

21st

**Fiesta Chicken Taco**

**Or: Bean & Cheese Burrito**  
**With:**  
Cheddar Cheese  
Shredded Lettuce  
Vegetable Medley  
Diced Pineapple

22nd

**Twist & Shout Mac 'N Cheese**

**With:**  
Steamed Carrots  
Diced Pears

23rd

**Whole Grain Popcorn Chicken**

**Or: Vegetarian Nuggets**  
**With:**  
Honey Mustard  
Steamed Peas  
Mandarin Oranges

24th

**Topsy Turvy Breakfast for Lunch!**  
**French Toast Sticks**  
**Or: Vegetarian Sausage**  
**With:**  
Turkey Sausage  
Waffle Syrup  
Applesauce  
Fruit Yogurt Cup

27th

**Cheese Pizza Dippers**

**With:**  
Mariana Sauce  
Steamed Green Peas  
Diced Peaches

28th

**Southwest Turkey Burger**

**Or: Gardenburger**  
**With:**  
Southwest Ranch Dressing  
Soft Bun  
Baked Beans  
Diced Pears

29th

**Turkey Meat Sauce Pasta**

**Or: Cheesy Tomato Pasta**  
**With:**  
Vegetable Medley  
Diced Pineapples

30th

**Parmesan Chicken & Rice**

**Or: Creamy Parmesan Rice**  
**With:**  
Steamed Carrots  
Strawberry Applesauce

31st

**Personal Cheese Pizza**

**With:**  
Steamed Green Beans  
Mandarin Oranges

770-421-9550

www.ChefAdvantage.com

V = Vegetarian Entrée Options

Milk Served with Lunch Daily

Steamed Vegetable Substitute



ChefAdvantage is committed to Healthy, Nutritious and Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.

July 2026

# ChefAdvantage

Allergen List

Monday

Tuesday

Wednesday

Thursday

Friday

1st

Pasta\*\*

Wheat, Milk

Green Beans None  
Pears None

2nd

Parmesan Chicken Rice

Milk

Peas None  
Pineapple None

Creamy Parmesan Rice\*\*  
Milk

3rd

Chicken Quesadilla

Milk, Wheat

Vegetable Medley None  
Applesauce None

Bean & Cheese Burrito\*\*  
Wheat, Milk

6th

Cheesy Tomato Pasta\*\*

Wheat, Milk

Mozzarella Cheese Milk  
Vegetable Medley None  
Mandarin Oranges None

7th

Cheese Pizza Dippers\*\*

Egg, Wheat, Milk, Soy

Marinara Sauce None  
Green Peas None  
Pineapple None

8th

Hamburger

Soy

Soft Bun Wheat  
BBQ Sauce None  
Mashed Potatoes None  
Pears None

Gardenburger\*\*  
Wheat, Soy, Milk

9th

Luca's Al Pesto

Wheat, Milk, Soy

Carrots None  
Yogurt Cup Milk

Vegetarian Trenzette Al Pesto\*\*  
Milk, Wheat, Soy

10th

Chicken Nuggets

Soy, Wheat, Milk

Honey Mustard Egg, Soy  
Green Beans None  
Peaches None

Vegetarian Nuggets\*\*  
Wheat, Soy, Egg

13th

Turkey Cheeseburger Mac

Milk, Wheat

Green Beans None  
Pears None

Cheesy Mac\*\*  
Milk, Wheat

14th

Chicken Sandwich

Wheat, Soy

Soft Bun Wheat  
Baked Beans None  
Pineapples None

Black Bean Burger\*\*  
Soy, Wheat

15th

Chicken Alfredo Pasta

Wheat, Milk

Peas None  
Peaches None

Creamy Alfredo Pasta\*\*  
Wheat, Milk

16th

Chicken Sandwich

Wheat, Soy

Soft Bun Wheat  
Honey Mustard Egg, Soy  
Carrots None

Mandarin Oranges None  
Black Bean Burger\*\*  
Soy, Wheat

17th

Turkey Taco

Wheat

Cheese Milk  
Lettuce None

Vegetable Medley None  
Applesauce None

Bean & Cheese Burrito\*\*  
Wheat, Milk

20th

Italian Chicken Pasta

Wheat, Soy, Milk

Green Beans None  
Peaches None

Edamame Italian Pasta\*\*  
Soy, Wheat

21st

Chicken Taco

Wheat

Cheese Milk  
Lettuce None  
Vegetable Medley None  
Pineapple None

Bean & Cheese Burrito\*\*  
Wheat, Milk

22nd

Pasta\*\*

Wheat, Milk

Carrots None  
Pears None

23rd

Popcorn Chicken

Wheat, Soy

Honey Mustard Egg, Soy  
Peas None

Mandarin Oranges None  
Vegetarian Nuggets\*\*  
Wheat, Soy, Egg

24th

French Toast Sticks

Soy, Wheat, Egg, Milk

Turkey Sausage None  
Waffle Syrup None

Applesauce None  
Yogurt Cup Milk  
Vegetarian Sausage\*\*  
Soy, Wheat, Milk, Egg

27th

Cheese Pizza Dippers\*\*

Soy, Wheat, Milk, Egg

Mariana Sauce None  
Green Peas None

Peaches None

28th

Turkey Burger

Soy

Ranch Egg, Milk  
Soft Bun Wheat

Baked Beans None  
Diced Pears None  
Gardenburger\*\*  
Wheat, Soy, Milk

29th

Turkey Meat Sauce Pasta

Vegetable Medley None

Pineapples None

Cheesy Tomato Pasta\*\*  
Wheat, Milk

30th

Parmesan Chicken & Rice

Milk

Carrots None  
Applesauce None

Creamy Parmesan Rice\*\*  
Milk

31st

Personal Cheese Pizza\*\*

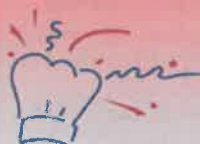
Milk, Wheat, Soy

Green Beans None  
Mandarin Oranges None

\*\*All Pasta Products are Processed in a Facility that Uses Egg\*\*

This list is comprised of the most common allergens, including eggs, soy products, wheat, and milk.

Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.



# ChefAdvantage