





October Menu 2025

*All meals served with milk

MON	TUE	WED	THU	FRI
		1 AM: Bagels w/Cream Cheese Lunch: Turkey Sandwich w/ Fresh Fruit & Fresh Vegetables PM: Yogurt w/Crackers	2 AM: Cheerios w/Apples Lunch: Grilled Cheese, Eggs, Waffle, Fresh Fruit PM: Graham Cracker w/ Fresh Fruit	3 AM: Saltines w/Applesauce Lunch: Cheese Pizza, Fresh Vegetables, Fresh Fruit PM: Graham Crackers w/Fresh Fruit
6 AM: Cheerios w/Bananas Lunch: Chicken Nuggets, Fresh Vegetables, Fresh Fruit PM: Cheese & Crackers	7 AM: Applesauce w/ Bananas Lunch: Mac & Cheese, Fresh Vegetables, Fresh Fruit PM: Veggie Straws w/Fresh Fruit	8 AM: Bagels w/Cream Cheese Lunch: Estamboli, Fresh Vegetables, Fresh Fruit, Bread PM: Yogurt w/Crackers	9 AM: Cheerios w/Apples Lunch: Chicken Quesadilla, Fresh Vegetables, Fresh Fruit PM: Wafers w/ Fresh Fruit	10 AM: Saltines w/Applesauce Lunch: Cheese Pizza, Fresh Vegetables, Fresh Fruit PM: Graham Crackers w/Fresh Fruit
13 AM: Cheerios w/Bananas Lunch: Chicken Nuggets, Fresh Vegetables, Fresh Fruit PM: Cheese & Crackers	14 AM: Applesauce w/ Bananas Lunch: Grilled Cheese, Eggs, Waffle, Fresh Fruit PM: Veggie Straws w/ Fresh Fruit	15 AM: Bagels w/Cream Cheese Lunch: Turkey Sandwich w/ Fresh Fruit & Fresh Vegetables PM: Yogurt w/Crackers	16 AM: Cheerios w/Apples Lunch: Cheese Ravioli w/ Marinara Sauce, Fresh Vegetables, Fresh Fruit PM: Graham Cracker w/ Fresh Fruit	17 AM: Saltines w/Applesauce Lunch: Cheese Pizza, Fresh Vegetables, Fresh Fruit PM: Cheese & Crackers w/Fresh Fruit
20 AM: Cheerios w/Bananas Lunch: Chicken Nuggets, Fresh Vegetables, Fresh Fruit PM: Cheese & Crackers	21 AM: Applesauce w/ Bananas Lunch: Lentil Rice w/ Cheese, Fresh Fruit PM: Veggie Straws w/ Fresh Fruit	22 AM: Bagels w/Cream Cheese Lunch: Chicken Quesadilla, Fresh Vegetables, Fresh Fruit PM: Yogurt w/Crackers	23 AM: Cheerios w/Apples Lunch: Estamboli, Fresh Vegetables, Fresh Fruit, Bread PM: Wafers w/Fresh Fruit	24 AM: Saltines w/Applesauce Lunch: Cheese Pizza, Fresh Vegetables, Fresh Fruit PM: Graham Crackers w/Fresh Fruit
27 AM: Cheerios w/Bananas Lunch: Chicken Nuggets, Fresh Vegetables, Fresh Fruit PM: Cheese & Crackers	28 AM: Applesauce w/ Bananas Lunch: Mac & Cheese, Fresh Vegetables, Fresh Fruit PM: Veggie Straws w/Fresh Fruit	29 AM: Bagels w/Cream Cheese Lunch: Turkey Sandwich w/ Fresh Fruit & Fresh Vegetables PM: Yogurt w/Crackers	30 AM: Cheerios w/Apples Lunch: Grilled Cheese, Eggs, Waffle, Fresh Fruit PM: Graham Cracker w/ Fresh Fruit	31 AM: Saltines w/Applesauce Lunch: Cheese Pizza, Fresh Vegetables, Fresh Fruit PM: Graham Crackers w/Fresh Fruit